



PHYSICAL CHALLENGES

Picture Books

Bertrand, Diane Gonzales. [My Pal, Victor](#)

Two Latino boys experience carefree camaraderie despite one boy's disability. Fun and friendship overpower physical limitation. (BER)

Kostecki-Shaw, Jenny Sue. [My Travelin' Eye](#)

Jenny Sue loves that her "travelin" eye" lets her see the world in a special way, and so she is not happy when her teacher suggests that her parents take her to an ophthalmologist to fix the lazy eye. (KOS)

Kroll, Virginia L. [Naomi Knows it's Springtime](#)

Naomi knows spring has arrived by hearing its familiar sounds and savoring its tastes and smells. (KRO)

Osofsky, Audrey. [My Buddy](#)

A young boy with muscular dystrophy tells how he is teamed up with a dog trained to do things for him that he can't do for himself. (OSO)

Non-fiction

Moore, Genevieve. [Catherine's Story](#)

Catherine is a very special girl. As an infant Catherine suffered from a kind of epilepsy known as infantile spasms or West Syndrome, and while she cannot walk and talk like other children, she can do other extraordinary things, including walk in her special boots, clap very softly, and listen to others very well. (J362.198 MOO)

Kent, Deborah. [Animal Helpers for the Disabled](#)

Explores the history of guide dogs, service animals, and assistance dogs, and discusses the process of training them to help people who have physical disabilities. (J362.4 KEN)

Schaefer, Lola M. [Some Kids are Deaf](#)

Includes bibliographical references and index. Describes the condition of deafness and some of the everyday activities of children who are deaf. (J362.42 SCH)

Powell, Jillian. [Zack has Asthma](#)

Chronicles a day in the life of Zack, who has asthma, telling how he accomplishes his everyday tasks and leads an active life. (J616.238 POW)



Powell, Jillian. [Becky Had Diabetes](#)

Chronicles a day in the life of Becky, who has diabetes, telling how she accomplishes her everyday tasks and leads an active life. (J616.462 POW)

Peters, Dylan. [Tic Talk: Living with Tourette's Syndrome](#)

A 9-year old boy's story in his own words. (J616.83 PET)

Apel, Melanie Ann. [Let's Talk About Being in a Wheelchair](#)

Facts concerning wheelchairs and wheelchair use. (J616.836 APE)

Pimm, Paul. [Living with Cerebral Palsy](#)

Describes varying effects of cerebral palsy, how different people manage to live with this condition, and where to get more information. (J616.836 PIM)

Royston, Angela. [Explaining Down Syndrome](#)

Discusses why Down Syndrome occurs, how it is diagnosed, how it affects people, and how it is treated. (J616.85 ROY)

Heelan, Jamee Riggio. [Rolling Along: The Story of Taylor and his Wheelchair](#)

Explains how having cerebral palsy affects Taylor, and how getting a wheelchair makes a big difference in helping him get around and do things by himself. (J616.896 HEE)

Biographies

Koestler-Grack, Rachel A. [The Story of Helen Keller](#)

Introduces Helen Keller and tells of her childhood struggles with deafness and blindness. (JB KELLER)